

OUR DISTRICT, OUR VOICE

Official Newsletter of Rotary District 9790

Anne's column

DISTRICT GOVERNOR ANNE REID

October is a busy month for you all, with Lift the Lid Programs and also World Polio Day. If holding special events, consider inviting people from outside Rotary who may be interested. I look forward to hearing the results of your events. Pictures and stories would be good to be included in next month's bulletin.

I have been doing lots of meetings by zoom not all DG visits. However, I have enjoyed all of the club visits I have achieved so far.

Mooroopna Club is running a raffle for a car and they are offering the opportunity to all clubs to fundraise by selling tickets on their behalf. A fantastic offer and a great opportunity for clubs to work together.

I have completed many zoom visits to clubs over the last few weeks and have found them all different but one thing in common is the fun and fellowship. However, I managed to sleep through my alarm this morning and missed one. My apologies to the club.

Remember, if you have any events or activities you are involved in, please share through District website, District Bulletin etc so other clubs can read about what you are doing and maybe gain some inspiration.

One project we are supporting at District is the conservation of koalas. Numurkah Rotarian Lorraine Greenwood is making the koalas and donating most of the sale price back to our project. There is an opportunity to have the koala with either an apron or cape with the Rotary Logo. I have not yet worked out the best way to take orders and pay for them. However, I will do a promotion as soon as that issue is solved.

Anne Reid
DG 9790



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October is Mental Health Month



LIFT THE LID *on mental illness*

Lift the Lid on Mental Illness is a national mental health fundraising and awareness initiative of Australian Rotary Health (ARH), that aims to raise much needed funds for mental health research and thereby improve the health and well-being of all Australians.

ARH is one of the largest non-government funders of mental health research in Australia and in 2021 over 1.5 million dollars has been allocated by ARH to mental health research.

Why Mental Health?

"Almost one in five Australians will experience a mental illness in a 12-month period and almost half the population will experience a mental illness at some stage in their lives"

"At least one third of young people have had an episode of mental illness by the time they are 25 years old"

"14% of children aged 4-11 have experienced a mental disorder"

"Mental illness is the third leading cause of disability in Australia"

"Mental illness is not discriminatory and no one is immune to mental health problems"

By continuing to create public awareness to break down the stigma of mental illness and to raise funds for mental health research, we can make a positive step to improving these outcomes.

During the month of October Rotarians and Rotary clubs throughout Australia are encouraged to get involved to create awareness and raise funds for mental health research. This year the COVID-19 pandemic and the restrictions imposed, have impacted Rotary's ability to raise funds and awareness in our communities. We can at least acknowledge Australian Rotary Health's Lift the Lid program at a club meeting in October with a Hat Day Event.

Another option is for Rotarians and the community to Walk and Talk about mental health in your neighbourhood, just as the Rotary Club of Moreland did as they hosted the first LIFT THE LID WALK for Mental Health in D9790 on World Mental Health Day, Sunday October 10th. COVID prevented it being an 'in person' event and became a Walk & Talk in your neighbourhood.

Let's all make an effort to ensure that Lift the Lid on Mental Illness is a great success for Australian Rotary Health this year.

If your club is yet to plan a Lift the Lid activity, it is not too late to do so.

For more information about the LIFT THE LID WALK for Mental Health, Lift the Lid and Australian Rotary Health visit:

www.australianrotaryhealth.org.au or contact

Rosemary Freeman, District 9790 ARH Representative
on 0418 104 964



Mental Health First Aid and Australian Rotary Health

The Mental Health First Aid program was developed in 2000 by Betty Kitchener, nurse and educator and husband Professor Tony Jorm, mental health researcher.

Betty, who delivered first aid courses to the Red Cross, was concerned that mental health issues were ignored in the regular first aid courses. With assistance from an Australian Rotary Health Research Grant in 1997, Betty and Tony set out to address this with evidenced based research and they created a ground breaking program. The Mental Health First Aid program, specifically addressing mental health, evolved and is now internationally acclaimed and delivered in over 30 countries.

The program aims to improve the general public's immediate response to mental ill health. As well, knowledge of mental illness and their treatments, knowledge of appropriate first aid strategies and confidence in providing first aid to individuals is provided for the participants of the program.



With funding from an Australian Rotary Health Research Grant, Teen Mental Health First Aid, an age appropriate program for secondary school students, was developed in 2012 by Drs Laura Hart and Claire Kelly. Mental illness is common in adolescence and can lead to lifelong burden and disability. The need for early intervention is widely recognised, although only a minority of young people seek help. The program increases awareness and knowledge of mental health problems and delivers strategies for young people to provide mental health first aid to their friends and peers and where, how and when to seek professional help.

Moreland Rotary, with a commitment to mental health, will look to host Mental Health First Aid soon after Moreland's LIFT THE LID WALK for Mental Illness.

Rosemary Freeman
District 9790 ARH Representative



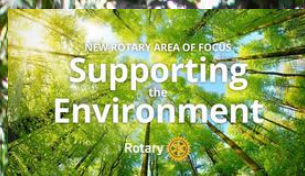
Peter Toomey Police Officer of the Year Award



The Peter Toomey Memorial Community Police Officer of the Year Award goes to an outstanding Victorian or NSW Police Officer in District 9790 who has demonstrated service above self in his or her community.

It is a way of encouraging local police officers to become more greatly involved in their local community. Do you know a police officer who has done an outstanding job in your local community? Have you ever recognised the work of this officer? If so, please put them forward for an award (see page 22 for the deadline for nominations).

For further information, please give Coordinator David Redfearn a call on 0448 852 747 or send an email: dredfearn@vtown.com.au



SERVE TO
CHANGE LIVES

2021 United Nations Climate Change Conference Sunday 31 October to Friday 12 November

RI and the Environmental Sustainability Rotary Action Group will be there.

Rotary International is sending its top representatives to the UN Climate Change Conference in Glasgow. Having embraced protecting the environment as a priority in 2020, Rotary is instructing its team to offer the worldwide networks and expertise of its members to help avert climate catastrophe.

"This is a call to action for EVERY ROTARIAN, not just in our Clubs, but in our personal lives and the institutions and businesses we lead, to make the changes urgently needed to turn this crisis around," says environmental lawyer Karen Kendrick-Hands, ESRAG's representative on the delegation. "That's why it's so important that we are there."

The delegation will be led by Judith Diment, MBE, Dean of Rotary's Representatives to UN agencies, the European Community, Commonwealth, and Organization of American States. Accompanying her will be British journalist Doug Wills, Rotary Representative to the Commonwealth, and Scottish Rotarians Tariq Durrani and John McPherson.

The most important news Rotary's delegation brings to the UN Climate Conference is of our global network's capacity to help communities mitigate climate change and build resilience.

Now is the best time to get out there and do something ourselves while the Conference is on.

Why not assist our Planet's recovery with ways to support SUSTAINABLE LIVING and be a friend to the environment - it helps make the world a healthier and safer place.

In this article we look at the ways in which trees and gardens favourably impact on our environment.

Importance of Trees and Gardens Planting trees and creating a garden of plants and shrubs at home, in courtyards, on balconies, and community reserves has important environmental and health benefits. Plants and trees provide food and shelter for Australia's unique wildlife. They create and restore healthy landscapes for people to live, work and play in. Over time, we've lost a significant amount of our native habitat - putting thousands of trees and plants at risk of extinction. Trees and gardens biodiversity and contribute to a healthy eco-system fundamental for life.

Trees:

Tree planting by sequestering carbon dioxide from the atmosphere reduces carbon emissions which improves the health of our planet. A tree can absorb as much as 21.5 Kgs of carbon dioxide per year and can sequester 1 tonne of CO2 by the time it reaches 40 years. For every 15 trees planted, 1 tonne of carbon is taken from the atmosphere. Whether surrounded by bushland, or in a built-up urban environment, planting trees improves the quality of land, and creates a flourishing habitat that attracts native wildlife. Trees help cleanse our water systems, prevent soil erosion and combat salinity in the soil. Planted in areas that help block the sun, trees are incredibly efficient in keeping living spaces cooler. Trees help to reduce noise pollution by absorbing sound. A community effort that involves a tree planting on degraded land can be a great way of harnessing resources, and bringing people together, while improving the habitat and biodiversity in their area.

References: Peter Berg RC Melbourne and Trillion Trees Trees for Life

PDG Phil Clancy



<https://www.gov.uk/government/topical-events/cop26er>



SERVE TO
CHANGE LIVES

A hot water revolution for communities in developing countries

At the 2021 September Board meeting Pascoe Vale Rotary voted to contribute to the environment and health of the community in Tharaka, Kenya by donating the cost of 4 Solvatten Solar Power Hot Water units.

The cost of one unit is \$US145 which is just on \$AUD 200.

Another Rotary member also donated the cost of one unit, making a total of 5 units altogether. Any other clubs or members keen to assist by donating a unit?

Hot water is needed for cooking and washing and usually requires either wood or charcoal.

Solvatten is a solar device requiring no batteries, which can heat water to 75C in two hours - which meets WHO criteria for safe water.

This solar water heating unit reduces the environmental impact of firewood use - trees will be saved and a reduction of CO2 from burning woods and deforestation. With the reduction in avoidable illnesses in the community from air and water pollution, it is estimated there will be a saving of 300 sick days and 7000 hours of work per year. This translates into \$USD1200 saved per year. Imagine the environmental and health impact of that!

Each unit has a working life of 7 years and can be fully recycled after its working life is through. If 35,000 Rotary Clubs donated one unit, that would mean 35,000 families (not individuals but families) would have reliable access to safe hot water, save 1,800,000 trees and reduce carbon emission by 1 tonne per year per family!

I strongly recommend everyone go to the website <https://solarsafewater.org> where there is much useful information regarding this project.



Heather Harris - Director Environment and Sustainability
Rotary Club of Pascoe Vale

Solvatten



How to **SUPPORT THE ENVIRONMENT** our 7th Area of Focus
Join ESRAG!

[Click here](https://www.esraganzpi.org/) or type in: <https://www.esraganzpi.org/>



ESRAG ANZPI
ENVIRONMENTAL
SUSTAINABILITY
ROTARY AUSTRALIA
NEW ZEALAND
PACIFIC ISLANDS



Corowa's wonderful wetland

In June 2016, The Rotary Club of Corowa adopted the Whitehead Street Wetland as a major ongoing project. Whilst some paths and seating were installed by Corowa Council in 2004, the area had fallen into disrepair and had become an underutilized area within our community.

Whitehead Street Wetland is located in central Corowa and is environmentally significant. It provides habitat for the Sloane's Froglet (listed as Vulnerable in NSW), brolgas and a rare wetland plant community. The site is readily accessed from the bike track and is known locally as a place to see wildlife.

In order to raise funds for this project the Rotary Club of Corowa successfully applied for two grants which enabled work to begin on the project. The grants were provided through the Murray Local Land Services and Murray Darling Wetlands Working Group's 'Murray Wetland Carbon Storage Project' and Federation Council's Stronger Communities Grant Program. Rotarians worked with the staff at Murray Darling Wetlands to develop a plan for the rehabilitation of the Whitehead Street Wetland.

It was decided that the project should include the repair of culverts, the enhancement of pathways, provision of shade shelters for existing tables and chairs, a bird hide, new signage and revegetation along the site perimeter. If funds were sufficient, a boardwalk with a viewing platform was also proposed.

The project aimed to create a wonderful all access area for recreational pursuits such as walking, bike riding and bird watching, whilst also providing visitors with the opportunity to learn more about the Wetland environment. By educating the public about the importance of Wetlands we will ensure that they are not lost in the future.



It was hoped that the project would be completed before the end of 2017, and most of the work was done by then, however the boardwalk took much longer, and was only completed by the end of 2018. Work involved local tradesmen where possible, community groups such as the Corowa Men's Shed, who provided the roof and benches for the Bird hide, and local students who were involved in several tree planting days guided by Corowa District Landcare.



The Rotary Club is committed to continuing to raise funds for the area to enable further improvements and maintenance. Recent additions include interpretive signs in the bird hide, the provision of a water station, and the planting of more water plants to encourage the breeding of Sloane's Froglet. In conjunction with Corowa District Landcare the youth of the area have created a reptile habitat and planted Billy Buttons around the bird hide. The project benefits large sections of the community, providing tourism, education, biodiversity and wellness opportunities.

Meredith Miegel PP PHF
Rotary Club of Corowa

Youth News



Update!!! The Rotary Youth Leadership Award Conference is being rescheduled.

The new dates for the Rotary Youth Leadership Award Conference 2021-22:

Sunday, 3 April 2022 to Saturday, 9 April 2022.

The Expression of Interest (EOI) on the RYLA website is open and will remain open. The RYLA Team is contacting those future RYLArrians that have lodged an Expression of Interest (EOI) and their sponsoring clubs.

This is the only change so go out and find future RYLArrians! The RYLA Team is determined to provide the RYLA Conference in this Rotary year and will keep you informed.

Contact the team on Email info@ryla9790.org.au
Website: <https://ryla9790.org.au/> Kerry Jones, Secretary M 0414 861 557 & Linda Gidlund, Chair, M 0418 173 279



Youth Programs Contacts

International University Student Rotary Home

Hosting – Philip Clancy, M 0428 834 162, Email: philip.clancy1@gmail.com

Interact – Linda Gidlund, M 0418 173 279, Email: lleegidlund@gmail.com

District Rotaract Committee – Elliot Silcock, M 0483 041 905, Email drr.9790@rotaract.org.au

National Youth Science Forum (NYSF) – Nigel Liggins, M 0400 694 618, Email: nigelligins@bigpond.com

Rotary Youth Exchange (RYE) – Meredith Miegel, M 0417 246 546, Email: miegelpm@bigpond.com

Rotary Youth Leadership Award (RYLA) – Kerry Jones, Secretary M 0414 861 557, Email: info@ryla9790.org.au

Rotary Youth Program of Enrichment (RYPEN) – Contact Malcolm Watt, M 0439 158 274, Email: watt.malc@gmail.com

Rotex – Contact Rotex by email: rotex9790@gmail.com

Rotary Builds a Play Ground – David Earle, Email: davide124@gmail.com

Ian Murphy Memorial Debate – Nigel Liggins, M 0400 694 618, Email: nigelligins@bigpond.com

Youth Volunteer Management - Contact Bruce McIntyre, M 0427 623 142, Email bruce.mcintyre1@bigpond.com

If you would like further information please contact **Linda Gidlund** on 0418 173 279 or lleegidlund@gmail.com



Youth News

District 9790 Rotex Alumni Association – International AGM 2021



It has been a very exciting couple of months for Rotex 9790 since our last update. In August we attended as 1 of the 35 Rotex Clubs in the world at the online Rotex International AGM. This not only allowed us to be seen internationally spreading 'service above self', but allowed us to make connections with other Rotex groups throughout the world.

Additionally, at our most recent Rotex meeting we excitedly got to touch base and introduce our new members. It was very rewarding to see the new committee in their roles and was very nice to communicate (although online) once more as a group.

Although with some plans were disturbed by lockdown restrictions, we are all still excited about the next few months and have some interesting things that are in the works.

Thank you
Rotex Team

"Rotex is a society of past Rotary Youth Exchange (RYE) alumni that engages with current Inbounds and Outbounds to better their exchange experience overall. Rotex acts as a middleman between Rotary Clubs and exchange students through supporting Rotarians throughout the RYE program via mentoring students on proper etiquette while on exchange, organising trips and events for Outbounds, Inbounds, and Rebounds, and ultimately being the voice for RYE exchange students in many cities, districts, and countries in the Rotary world. We see Rotexers as potential future Rotarians and therefore aim to develop the next generation of Rotarians who have first-hand Rotary experience."

For more information:
<https://rotex.org/who-we-are/>



Rotex members at Dookie College earlier this year

Youth News

Youth Volunteer Management

By now, many of you will have read articles in previous District Governor's newsletters regarding the process of Youth Volunteer Management as a requirement of Rotary International for ALL participants in our wonderful youth programs on offer.

To date, we have 42 Rotarians and non-Rotarians accredited for participation. It is only early days, but the wheel of progress is starting to turn.

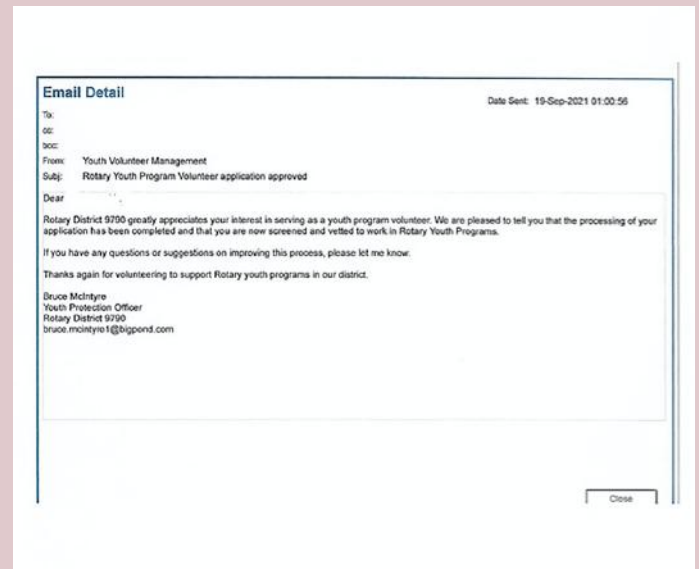
The process is very simple and offers very few challenges. It is all centrally controlled and removes the need for clubs to perform their own Youth Volunteer Management processes.

When you send an email to bruce.mcintyre1@bigpond.com to notified me of your intention to undertake the accreditation program, that is all I need. This is the go-ahead and the rest will happen very smoothly.

Below is a copy of the very first email you will receive once you have sent me the green light to proceed:

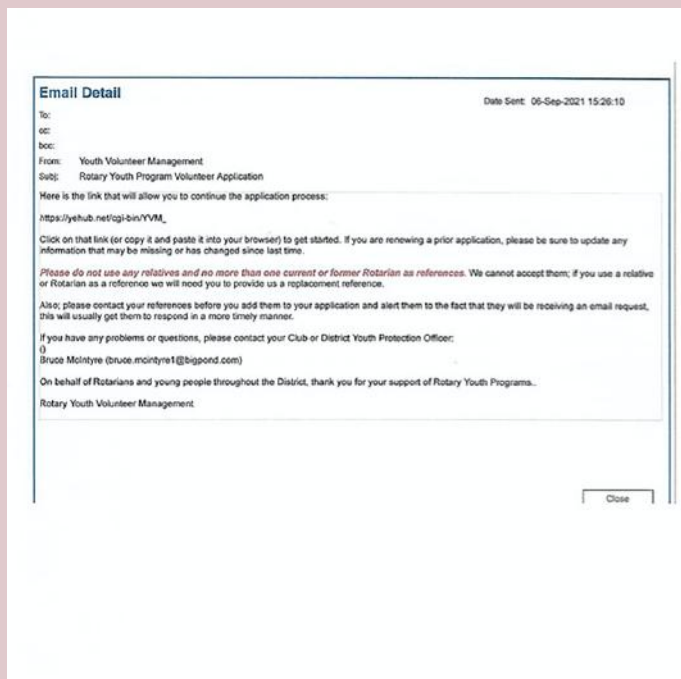
PLEASE NOTE: this email is unique to the individual registering and is not a universal link. It is based on your email address.

Once you have completed all the tasks of the accreditation, you will then receive the following email to state that you have been successful and you may now participate in ALL Rotary youth programs.



If you and/or your club are keen on knowing more about this RI, insurance and government requirement, please contact either Linda Gidlund, see Youth Program Contacts or myself for more details.

Yours in Rotary, Bruce McIntyre, Coordinator, Youth Volunteer Management Program
M 0427 623 142, Email bruce.mcintyre1@bigpond.com



Youth News

Rotary Youth Exchange (RYE) – Interview Day

OPEN YOUR EYES TO ROTARY YOUTH EXCHANGE

The gold standard of youth exchange programs is resuming in 2022!* We are offering a variety of opportunities from six weeks to one year- there is a choice for everyone.

If you would like to be considered please register your interest at www.ryea.org.au or contact Kellie Kadaoui: M 0422 165 271 E Kellie@wildlimemarketing.com.au

2022 PROGRAMS AVAILABLE

Duration: 6 Months

Depart: July 2022

Who?: Year 10

Cost: From \$6,500

Interview Day

Saturday 16th October*

9.30am – 4.00pm

Wangaratta Club

Wangaratta

Inclusions: Return flight, Chaperone on way over + group flight on return, Blazer + uniform, 2 orientation weekends + 1 rebound weekend for student + parents, insurance, \$100 monthly Rotary allowance, 2 host families, 6 months of schooling.

Duration: 3 Months

Depart: October

Who?: Year 10

Cost: from \$5795

Inclusions: Return flight, Chaperone on way over + group flight on return, uniform, 2 orientation + 1 rebound day for student + parents, insurance, 1 host family, 3 months of schooling.



Duration: 3 Months

Depart: December

Who?: Year 12

Cost: from \$5495

Inclusions: Return flight, Chaperone on way over + group flight on return,* uniform, 2 orientation days + for student + parents, insurance, 1 host family, 3 months of schooling. (*As you are not returning to school you have the option of staying overseas at own cost + arrangements)

Duration: 12 Months

Depart: January 2023

Who?:Yr 10 + 11

Cost: from \$9,500

Inclusions: Return flight, Chaperone on way over + group flight on return, Blazer + uniform, 2 orientation weekends + 1 rebound weekend for student + parents, insurance, \$100 monthly Rotary allowance, 3-4 host families, one year of schooling.

We will be ensuring that our gold standard duty of care is not compromised in a world learning to live with the constraints of Coronavirus.

*All programs are scheduled to run but are subject to Covid related restrictions and regulations



Youth News

Rotary Youth Exchange Family - Honours Stuart "Stu" McDonald

Memories of Stuart McDonald



Last month the Rotary Youth Exchange Committee was saddened to hear of the passing of Stuart McDonald. All of the Victorian Rotary Youth Exchange Committees are members of Rotary Youth Exchange Victoria and "Stu" was our dedicated and long serving secretary.

He was a little guy with a twisted spine but he was admired by many throughout the world for his amazing knowledge of, and devotion to, Rotary Youth Exchange.

Like many, he came to Rotary after Apex - volunteering was in his nature and once in Rotary he soon began to make a place for himself in the Rotary Club of Healesville and the Rotary Youth Exchange Program. He joined the District Committee and worked his way up to the National and International level of Rotary Youth Exchange. His real job was with the Forestry Commission but it was often said that he worked full-time for Rotary!

Stuey was personally responsible for most of Healesville's Inbound and Outbound students and a number of those 48 students wouldn't have had the opportunity if it wasn't for Stu. He would quietly set about ensuring that it happened, even when all others had given up. To say that Stu spent thousands of hours on Youth Exchange would be an understatement. It was his life for over 30 years. In his District of 9810 alone, he catered for more than 300 students and with other districts, the total that he was responsible for, would be more than 1000.

So proficient did he become in this role, that he was nationally and internationally regarded as "the" expert on Youth Exchange. For people all over the world he was the "go to" person for almost any issue that arose. He played a pivotal role in assuring the safety of all students following many disasters and most recently the pandemic.

In his role as coordinator, he monitored every flight in and out. He knew and cared for them all personally and this lasted long after they had finished their exchange. Stu was family to many exchange students and travelled near and far to visit his "family" and share their special life events. He worked tirelessly for Rotary Youth Exchange but it brought him immense joy and satisfaction.

Rotary Youth Exchange Victoria and the Youth Exchange community around the world, but most of all he will be missed by the students whose lives he touched will miss him.

Rest peacefully Stu
Meredith Miegel, D9790 RYE, Chair



Guess who dropped by to sell a couple of snags!!

Hopefully Bunnings Sausage Sizzles aren't a fading memory because of this difficult year with on and off COVID restrictions. Thankfully there is light at the end of the tunnel as restrictions lift in NSW to be followed very soon by Victoria although many clubs in the regions have managed to continue over this period.

As you are all well aware, Bunnings gigs are a valuable source of revenue for many clubs and are a wonderful community service by Bunnings itself. It's not often though that the head of Bunnings drops in to help out but, much to their great excitement, members of the Bundoora Rotary Club, were thrilled when Bunnings Managing Director dropped by to help club members sell a sausage or two!

Bundoora club president, Vince Marino, sent us this message to share with members across the district:



Hi David, thanks for giving me your time last week. Attached is that photo of Bundoora Rotary Club Bunnings BBQ, where I was able to get the Managing Director of Bunnings Group, Michael Schneider, to help us for a couple of hours at Mill Park on the 29th of June. Hopefully you can use this in the next district bulletin. This is part of the message I sent him:

"Hi Mike, thanks for giving your time yesterday, you put a huge smile on everybody's faces. Pass on our thanks to the staff at Mill Park. The Bunnings organisation is the biggest supporter to local communities in this country through their donations and the availability to host fund raising BBQ's. This is testament to your leadership and the staff that you employ. Now I know why you love your job so much. Many thanks Vince Marino and the Bundoora Rotary Club"



**END
POLIO
NOW**



www.endpolio.org



“Rotary in Action”

EVER THOUGHT ABOUT COMBINING ROTARY AND RADIO? Recruiting for District 9790, 9800 and 9810 aspiring radio presenters

Community radio station 96.5 Inner FM that broadcasts from its studios in the Warringal Shopping Centre, Heidelberg, is inviting several Rotarians to be trained as radio presenters.

After this training, the Presenter will be rostered to host a one hour program of Rotary news, announcements, music and information in the listening area of Rotary 9790, 9800 and 9810.

The radio program “Rotary in Action” is the world’s longest running hour long weekly radio program totally dedicated to broadcasting Rotary news and information. It is broadcast every Tuesday between 3 pm and 4 pm and has done so since 1995.

Presenters alternate every six weeks with detailed training, coaching and support being provided. Several Rotarians from these districts are already involved with the station.

This latest invitation presents our members with a great opportunity to do something exciting and different while adding to an individual’s skill set – as well as giving back to their community.

Why not add to your Rotary journey by joining our team of Rotary presenters?

For more information, contact
Leigh Wallace OAM
Rotary Club of Heidelberg
Mobile: 0400 570 024



A great risk-free fundraising idea for these uncertain times

New Year's Eve Festival Mooroopna, where 6,000 or so locals are having fun on the footy oval while the bands play, the sideshows draw the kids, Scouts sell neon sticks and Rotarians sell tickets.



At 10.00 pm we draw the car raffle and then there are fireworks. All put on by the local Mooroopna Rotary Club. But not last year and not this year either. So no car raffle last year. For 40 years our club has been raffling a car to raise funds for the projects we love. Covid 19 has put many Rotary Projects on hold and has limited many clubs' fund-raising efforts.

So this year we have decided to change it and spread the fund raising opportunity to other clubs who would like to be involved. We will do the leg work, like arranging the permit, purchasing the car and printing the tickets. All the clubs need to do is sell some tickets and they will keep 60% of the sale price. It's a win, win for all clubs.

Because the New Year's Eve Festival will not run again this year, the raffle will be drawn in April on our Annual Golf Day, giving everyone a longer selling period. We are selling tickets online ourselves but there is a great opportunity for clubs in both Victoria and NSW to use this raffle as a fund raiser for their club.

Make our car raffle your fundraiser. On-selling clubs get 60% of their total sales so that's \$3 from every \$5 ticket sold and \$12 from every 5 for \$20. It is risk free fundraising as the Mooroopna club will cover all costs through the \$2 portion they receive. The ticket design spruiks a community raffle with the bulk of the money raised going to the club selling the tickets.

What are the causes you want to support? Mooroopna Rotary Club provides fuel for the local Food Share program and supports Hospice, local sport, scholarships for students and bushfire relief.

We have a white auto Hyundai Venue Active with full on road costs valued at \$27,490 as first prize and a \$1000 Coles Supermarket voucher to give away as second prize. Tickets are \$5 each or 5 for \$20. Tickets are available to sell from November 2021 through to April 2022.

The Mooroopna Club will also provide personalised promo posters to clubs involved.



This is the current team. They are doing a magnificent job.



A project we are also keen to raise money for is Cambodia Clean Water and Toilets, a wonderful, grassroots, direct aid program building toilets and installing hand water pumps. When we can, we would like to visit and help.

If you think your club might like to participate and generate risk free funds, then
Contact **Richard Speedy** on 0490792601 or rspeedy@iinet.net.au
to obtain more details.



KIEWA STREET
MARKET

HALLOWEEN

MARKET



Sunday 31st October, 2021

8.30am till 12.00pm

441 Kiewa Street, Albury

A Rotary Community Project

- *Competitions*
(Prizes up to \$500)
Best outfit,
Best makeup
Best Mask
Best Dressed Stall
- *Food*
- *Entertainment*
- *Market Stalls*
- *Jumping Castle*
and much more



More info available on our Facebook page

Stallholders (Incl Kids Stalls for \$5): bookings@kiewastreetmarket.com.au

Kids Entry Draw – Drop your name into the barrel. Drawn at 11am

Name: _____



**Hi. My name is Ebony Watson
And I want to make a difference.**



"I live with complex mental health issues and each morning I wake up feeling lucky that I have great support and the treatments I need. I know that others are not so lucky.

I am going to ride my exercise bike for a minimum of an hour every day in October to try and raise money. This money will fund research into mental health areas so more people get the help they need.

**I would love your support.
We can stand together and we will know we have made an effort to help people ease their pain and maybe save lives.**

**I am a proud member of the Rotary Club of Diamond Creek
Thank you**



Each October, Australian Rotary Health has a "Lift the Lid on Mental Illness" fundraising campaign.

Money raised through "Lift the Lid" provides mental health research grants for new and emerging fields in mental health.

Now more than ever, we appreciate the need for this sort of research

Please support Ebony raise as much money as possible to help her give back.

Make your donation to:

<https://australianrotaryhealth.org.au/support-us/campaigns/lift-the-lid/>

Rotary Club of Diamond Creek
Donation to: Lift the Lid
Comments: Ebony's Challenge



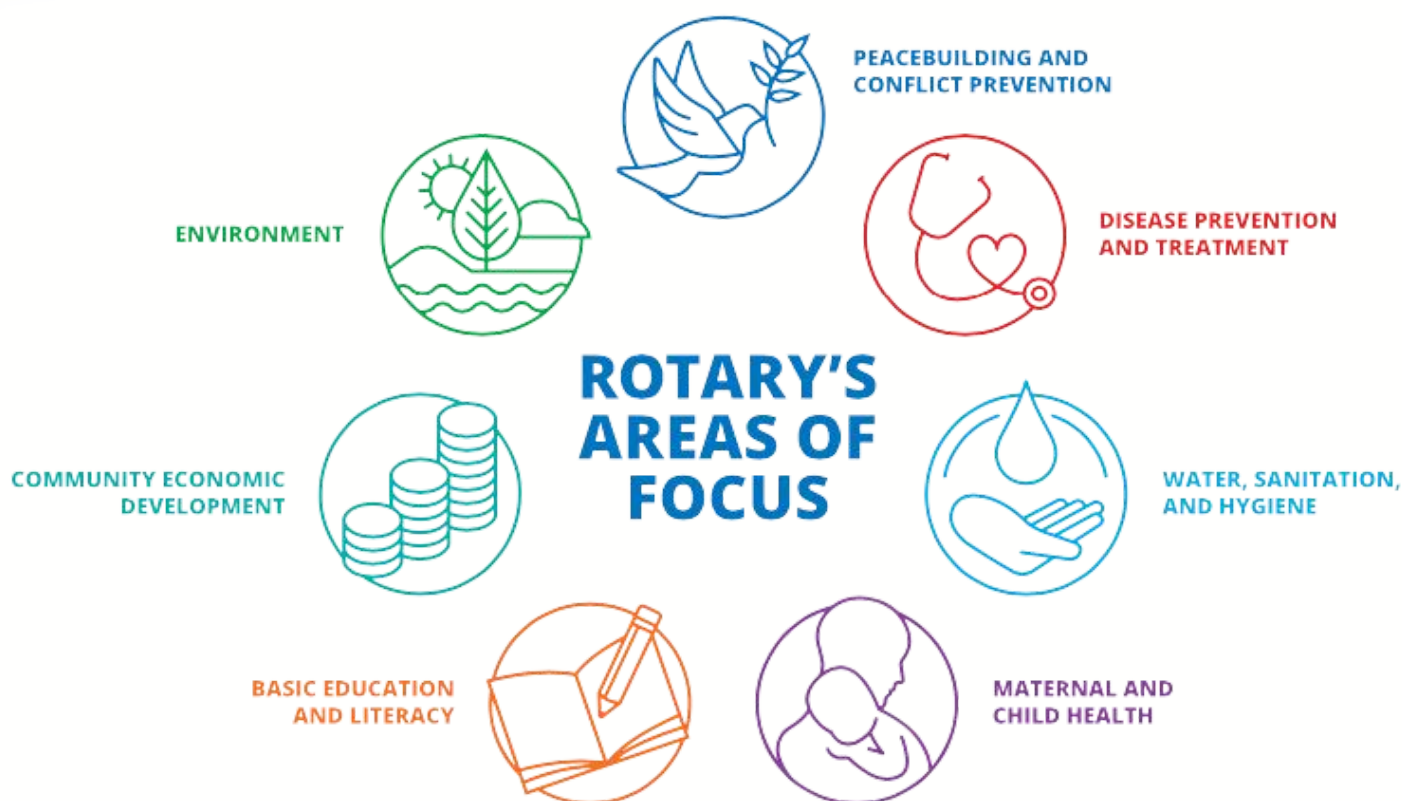
Donations over \$2 are Tax Deductible

Event	Location	Date(s)	Contact
Rotary Youth Leadership Award (RYLA) Conference	TBA	Sunday, 3 April 2022 to Saturday, 9 April 2022	Kerry Jones, Secretary M 0414 861 557, E: info@ryla9790.org.au (page 8 for more details)
Rotary Youth Program of ENrichment (RYPEN)	TBA	Friday, 25 – Sunday, 27 March 2022	Malcolm Watt, M 0439 158 274, E watt.malc@gmail.com

Deadlines

Rotary Youth Leadership Award (RYLA)	Expressions of Interest are open and will remain open. Offers will be on a first in basis, as there will be limited openings.		Kerry Jones, Secretary M 0414 861 557, E: info@ryla9790.org.au
Peter Toomey Community Police Officer of the Year	Award(s) will be presented at the 2022 District Conference	Nominations due by Friday 14 January 2022	David Redfearn Coordinator M 0448852747 E dredfearn@vtown.com.au

October 2021 is Community Economic Development Month



ZONE 8 ROTARY PUBLIC IMAGE TEAM

Ready Get Set Canva!



31 October 2021



12 noon - 1pm AEST

With:

Andy Marselos

Assistant Rotary Public Image
Coordinator

[Register now](#)

EVENT: Ready Get Set Canva!

WHEN: October 31st @ 1:00PM AEDT

WHO: Andy Marselos

Our presenter for the day is Andy Marselos. Andy is the Assistant Rotary Public Image Coordinator for Rotary Districts 9640, 9650 and 9670, the President of Hunter Rotaract Club and a member of the East Maitland Rotary Club. Work wise Andy is the Social Enterprise Coordinator for Social Traders.

The topic is Canva. Canva is so much fun and so easy! If you ever need to create ANYTHING ... an invite, a flyer, a social media post, presentation ANYTHING register for Ready Get Set Canva!

To join us, [CLICK HERE](#) or type the following link to register online:

<https://forms.bedrocksolutions.co.nz/rotary-zone-8-public-image-team-ready-set-go-canva-with-andy-marselos/>

October 2021

Community Economic Development Month

4-5 October – Presidential Conference – Gyeongju, Korea
4-10 October – Rotary Alumni Reconnect Week
24 October – World Polio Day

November 2021

Rotary Foundation Month

1-7 November – World Interact Week
5-7 November – Presidential Conference – Venice, Italy
26-27 November – Presidential Conference – Manila, Philippines

December 2021

Disease Prevention and Treatment Month

15 December – Last day for early registration discount for the 2022 Rotary Convention

January 2022

Vocational Service Month

16-20 January – International Assembly, Orlando, Florida, USA

February 2022

Peacebuilding and Conflict Prevention Month

4-6 February – Presidential Conference – Hyderabad, India
12-13 February – Presidential Conference – Foz do Iguaçu, Brazil
23 February – Rotary's anniversary

March 2022

Water, Sanitation, and Hygiene Month

4-5 March – Presidential Conference – Maputo, Mozambique
14-18 March – World Rotaract Week
31 March – Preregistration discount ends for the Rotary International Convention

April 2022

Maternal and Child Health Month

30 April – Rotary International Convention registrations and ticket cancellations are due

May 2022

Youth Service Month

June 2022

Rotary Fellowships Month

3-4 June – Presidential Conference, Houston, Texas, USA
4-8 June – Rotary International Convention, Houston, Texas, USA
30 June – Rotary Citation for Rotary Clubs Award nominations are due

Source: <https://my.rotary.org/en/news-media/calendar>

SERVE TO CHANGE LIVES

OUR DISTRICT, OUR VOICE IS THE OFFICIAL NEWSLETTER OF ROTARY DISTRICT 9790 INC.
WWW.ROTARY9790.ORG.AU

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CLOSING DATE IS 31 OCTOBER 2021 ALL ARTICLES AND PHOTOGRAPHS IMAGES TO: dredfearn@vtown.com.au

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THIS BULLETIN IS DESIGNED ON CANVA (WWW.CANVA.COM)



Rotary
DISTRICT 9790



Conference 2022
Marysville
18 – 20 March



Embracing Change

Service above self

- ✓ Golf Day supporting Mental Health
- ✓ Ride to Conference supporting Indigenous Scholarships (ARH)
- ✓ Ruth Konig Walk
- ✓ Rotary Showcase
- ✓ Koala preservation
- ✓ Environmental Projects
- ✓ High Profile Guest Speakers
- ✓ Celebratory Dinner on Saturday



Bookings link and further information on rotary9790.org.au

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Marysville



Murrindindi Guide

Rotary Clubs of Alexandra, Mansfield, Kinglake Ranges,
Yea, Southern Mitchell, Numurkah and Seymour